Group A

Food Flavours and textures

**Exercise1**

**1** tuna: Tuna is a kind of fish with dark-coloured flesh.

**2** sardines: Sardines are small fish that you usually cook whole.

**3** beetroot: Beetroot is a small, round red vegetable.

**4** Brussels sprouts: Brussels sprouts are green vegetables that look like small cabbages.

**Exercise 2**

**1** sweet: Food that is sweet tastes of sugar.

**2** cooked: Food that is cooked has been heated so that it is not raw.

**3** stale: Bread that is stale is hard and dry because it is not fresh.

**4** mild: A mild flavour is not strong.

**Exercise 3**

**1** greasy: Food that is greasy is unpleasant because it has been cooked with too much oil or fat.

**2** juicy: Fruit or vegetables that are juicy are nice because they have a lot of liquid in them.

**3** smelly: Food that is smelly has an unpleasant smell.

**4** crispy: Food that is crispy is nice because it is slightly hard on the outside, but soft inside.

**Exercise 4**

**1** scrambled: Scrambled eggs have been mixed together and then cooked in a pan.

**2** delicious: Food that is delicious has a very nice flavour.

**3** fattening: Food that is fattening will make you put on weight if you eat a lot of it.

Group B

Food Flavours and textures

**Exercise 1**

**1** prawns: Prawns are small pink shellfish.

**2** salmon: Salmon is a kind of fish with pink flesh.

**3** cabbage: A cabbage is a large, round green vegetable whose leaves can be cooked and eaten.

**4** red peppers: A red pepper is a red vegetable with seeds inside that has a sweet flavour.

**Exercise 2**

**1** raw: Food that is raw has not been cooked.

**2** strong: A strong flavour is very noticeable.

**3** sweet: Food that is sweet tastes of sugar.

**4** fresh: Bread that is fresh has been made recently.

**Exercise 3**

**1** salty: Food that is salty tastes strongly of salt.

**2** crispy: Food that is crispy is nice because it is slightly hard on the outside, but soft inside.

**3** tasty: Food that is tasty has a pleasant taste.

**4** greasy: Food that is greasy is unpleasant because it has been cooked with too much oil or fat.

**Exercise 4**

**1** omelette: An omelette is a mixture of eggs that are cooked together, often with other things such as cheese to add flavour.

**2** disgusting: Food that is disgusting has a very unpleasant flavour.

**3** fussy: Someone who is fussy only likes particular things and refuses to accept other things.